

WEEKLY MENU

Saturday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Chicken in White
Wine Sauce and Rice
or
Stuffed Tomatoes

Served with
Seasonal Vegetables
Potato Dish of the Day

Dessert
Homemade Mousse

High Tea

Homemade Scotch Egg
with Potato Salad

Sunday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Roast Beef and
Yorkshire Pudding
or
Macaroni and Pancetta Bake
or
Macaroni Bake

Served with
Seasonal Vegetables
Potato Dish of the Day

Dessert
Apple Pie
with Custard

High Tea

Selection of Cold Meats
or Eggs with Salad

Monday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Shepherds Pie
or
Celery and Rice Loaf

Served with
Seasonal Vegetables
Potato Dish of the Day

Dessert
Rice Pudding
and Jam Sauce

High Tea

Grilled Smoked Haddock
with Grilled Tomatoes

Tuesday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Sliced Lamb's Liver
with Grilled Bacon
or
Creamy Mediterranean Lasagne
or
Vegetable Lasagne

Served with
Seasonal Vegetables
Potato Dish of the Day

Dessert
Lattice Jam Tart
with Custard

High Tea

Egg and Chips

Wednesday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Roast Chicken with
Sage and Onion Stuffing
or
Poached Cod and Parsley Sauce
or
Mediterranean Quiche

Served with
Seasonal Vegetables
Potato Dish of the Day

Dessert
Lemon Sponge
and Lemon Sauce

High Tea

Traditional Prawn Cocktail

Thursday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Traditional Butchers
Sausage and Gravy
or
Homemade Cornish Pasties
or
Vegetable Sausage

Served with
Seasonal Vegetables
Potato Dish of the Day

Dessert
Fruit Conde

High Tea

Spanish Omelette
with Side Salad

Friday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Haddock in Batter and Chips,
and Tartare Sauce
or
Cauliflower Cheese

Served with
Seasonal Vegetables
Potato Dish of the Day

Dessert
Chocolate Sponge
and Chocolate Sauce

High Tea

Fresh Homemade Soup with
Cheese Selection and Biscuits

AVAILABLE DAILY:

Homemade Soup of the Day, Fresh Cut Sandwiches, a Choice of Omelettes, Grilled or Poached White Fish, Salad of your Choice, Milk Pudding and Fresh Fruit.

We now also serve Cheese on Toast at High Tea every day!

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WEEKLY MENU

Saturday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Lamb and
Vegetable Casserole
or
Scampi with Tartare Sauce
or
Stuffed Peppers

Served with

Seasonal Vegetables
Potato Dish of the Day

Dessert

Fruit Pancakes
with Ice Cream

High Tea

Classic Hot Dogs
and Onions

Sunday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Roast Pork with Apple Sauce
or
Prawn Salad
or
Pea and Potato Cakes

Served with

Seasonal Vegetables
Potato Dish of the Day

Dessert

Plum Pie
with Custard

High Tea

Selection of Cold Meats
or Eggs with Salad

Monday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Braised Steak
or
Quiche Lorraine
or
Vegetable Lorraine

Served with

Seasonal Vegetables
Potato Dish of the Day

Dessert

Baked Egg Custard
with Forest Fruits

High Tea

Cheese, Onion
and Potato Pie

Tuesday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Chicken, Leek and Potato Gratin
or
Grilled Haddock with
Lemon Sauce
or
Vegetarian Toad in the Hole

Served with

Seasonal Vegetables
Potato Dish of the Day

Dessert

Fruit Fool

High Tea

Poached Egg
on Toast

Wednesday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Baked Gammon with
Parsley Sauce
or
Homemade Lentil Rissoles
with Mint Sauce

Served with

Seasonal Vegetables
Potato Dish of the Day

Dessert

Jam Sponge
with Custard

High Tea

Corned Beef Hash

Thursday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Braised Lamb Chops
with Mint Sauce
or
Lentil and
Mushroom Pancakes

Served with

Seasonal Vegetables
Potato Dish of the Day

Dessert

Bread and Butter Pudding

High Tea

Pâté on Toast
with Side Salad

Friday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Breaded Cod and Chips
and Tartare Sauce
or
Leek and Ham Mornay
or
Savoury Leek and
Pancake Mornay

Served with

Seasonal Vegetables
Potato Dish of the Day

Dessert

Bakewell Tart
and Vanilla Sauce

High Tea

Jacket Potato
with Cheese and Beans
or Beans on Toast

AVAILABLE DAILY:

Homemade Soup of the Day, Fresh Cut Sandwiches, a Choice of Omelettes, Grilled or Poached White Fish, Salad of your Choice, Milk Pudding and Fresh Fruit.

We now also serve Cheese on Toast at High Tea every day!

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WEEKLY MENU

Saturday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Steak and Ale Pie
or
Mushroom Stroganoff

Served with
Seasonal Vegetables
Potato Dish of the Day

Dessert
Baked Apples and Cream

High Tea

Fish Fingers and Grilled
Tomatoes

Sunday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Roast Lamb
with Mint Sauce
or
Leek and Cheese
Pasta Bake

Served with
Seasonal Vegetables
Potato Dish of the Day

Dessert
Butterscotch Tart
with Ice Cream

High Tea

Pork Burger in a Bap
with Side Salad

Monday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Beef Madras with Rice
or
Homemade Meatloaf
and Tomato Sauce
or
Courgette and Carrot Loaf

Served with
Seasonal Vegetables
Potato Dish of the Day

Dessert
Crème Caramel

High Tea

Eggs and Chips

Tuesday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Cottage Pie
or
Courgettes Filled
with Braised Lentils

Served with
Seasonal Vegetables
Potato Dish of the Day

Dessert
Fruit Crumble
with Custard

High Tea

Cheese Flan
with Side Salad

Wednesday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Roast Turkey with
Cranberry Sauce
or
Risotto

Served with
Seasonal Vegetables
Potato Dish of the Day

Dessert
Chocolate Tart
with Cream

High Tea

Bubble and Squeak
with Poached Egg

Thursday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Home Cooked Gammon,
Egg and Chips
or
Tagliatelle in a Creamy
Red Pepper Sauce

Served with
Seasonal Vegetables
Potato Dish of the Day

Dessert
Homemade Cheesecake

High Tea

Mushrooms on Toast

Friday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Deep Fried Hake and Chips
and Tartare Sauce
or
Breaded Chicken Escalope
or
Vegetable Cottage Pie

Served with
Seasonal Vegetables
Potato Dish of the Day

Dessert
Sherry Trifle

High Tea

Cauliflower Cheese

AVAILABLE DAILY:

Homemade Soup of the Day, Fresh Cut Sandwiches, a Choice of Omelettes, Grilled or Poached White Fish, Salad of your Choice, Milk Pudding and Fresh Fruit.

We now also serve Cheese on Toast at High Tea every day!

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WEEKLY MENU

Saturday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Tomato and Basil Meatballs
or
Grilled Plaice with Lemon
or
Vegetable Chilli and Rice

Served with

Seasonal Vegetables
Potato Dish of the Day

Dessert

Tiramisu

High Tea

Cheese and Onion
stuffed Jacket Potatoes

Sunday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Roast Chicken with Stuffing
or
Cheese Pasta Bake

Served with

Seasonal Vegetables
Potato Dish of the Day

Dessert

Cabinet Pudding
with Custard

High Tea

Gala Pie Salad

Monday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Beef and Vegetable Casserole
or
Chicken and Broccoli Lasagne
or
Vegetable Lasagne

Served with

Seasonal Vegetables
Potato Dish of the Day

Dessert

Fresh Fruit Salad
and Cream

High Tea

Homemade Fishcakes
with Grilled Tomato

Tuesday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Minced Beef and Onion Pie
or
Poached Cod Florentine
or
Poached Egg Florentine

Served with

Seasonal Vegetables
Potato Dish of the Day

Dessert

Treacle Tart
with Ice Cream

High Tea

Chicken Kebabs
with Pitta Bread

Wednesday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Roast Lamb with Mint Sauce
or
Poached Haddock Pancakes
or
Vegetable Pancakes

Served with

Seasonal Vegetables
Potato Dish of the Day

Dessert

Pineapple Upside
Down Cake with Custard

High Tea

Scrambled Egg on Toast

Thursday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Braised Pork Loin
with Apple Sauce
or
Pasta Carbonara
or
Mushroom Pasta

Served with

Seasonal Vegetables
Potato Dish of the Day

Dessert

Lemon Meringue Pie

High Tea

Cheddar Ploughman's

Friday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Breaded Plaice
and Chips
or
Vegetarian Curry
with Rice

Served with

Seasonal Vegetables
Potato Dish of the Day

Dessert

Sticky Toffee Pudding
with Toffee Sauce

High Tea

Macaroni and Bacon Cheese

AVAILABLE DAILY:

Homemade Soup of the Day, Fresh Cut Sandwiches, a Choice of Omelettes, Grilled or Poached White Fish, Salad of your Choice, Milk Pudding and Fresh Fruit.

We now also serve Cheese on Toast at High Tea every day!

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WEEKLY MENU

Saturday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Turkey and Ham Pie
or
Kedgerree with
a Mild Curry Sauce
or
Creamy Vegetable Pie

Served with

Seasonal Vegetables
Potato Dish of the Day

Dessert

Crème Brulé

High Tea

Homemade Sausage Rolls and
Baked Beans

Sunday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Honey Roast Gammon
with Onion Sauce
or
Salad of Choice

Served with

Seasonal Vegetables
Potato Dish of the Day

Dessert

Poached Pears
and Fudge Sauce

High Tea

Selection of Cold Meats
or Eggs with Salad

Monday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Apple, Leek and
Chive Sausages with Gravy
or
Stuffed Flat Mushrooms

Served with

Seasonal Vegetables
Potato Dish of the Day

Dessert

Queen of Puddings

High Tea

Chicken and Mushroom
Vol au Vent

Tuesday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Moroccan Lamb Casserole
with Cous Cous
or
Grilled Fillet of Cod
with Parsley Sauce
or
Vegetable Casserole
and Cous Cous

Served with

Seasonal Vegetables
Potato Dish of the Day

Dessert

Lemon Tart with Ice Cream

High Tea

Cannelloni in Tomato Sauce

Wednesday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Belly of Pork Medallions
or
Pasta Bolognaise
or
Vegetable Bolognaise

Served with

Seasonal Vegetables
Potato Dish of the Day

Dessert

Stewed Seasonal Fruit
and Custard

High Tea

Cheese, Ham
and Tomato Toasties

Thursday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Mixed Beef and
Onion Cobbler
or
Frittata

Served with

Seasonal Vegetables
Potato Dish of the Day

Dessert

Eve's Pudding
and Custard

High Tea

Homemade Pizza
and Side Salad

Friday

Breakfast

Chilled Fruit Juice
Choice of Cereals
Hot Breakfast Choice
Toast and Preserves
Tea or Coffee

Lunch

Grilled Hake
with Mornay Sauce
or
Leek and
Mushroom Flan

Served with

Seasonal Vegetables
Potato Dish of the Day

Dessert

Pavlova

High Tea

Cold Sliced Meats
and Jacket Potato

AVAILABLE DAILY:

Homemade Soup of the Day, Fresh Cut Sandwiches, a Choice of Omelettes, Grilled or Poached White Fish, Salad of your Choice, Milk Pudding and Fresh Fruit.

We now also serve Cheese on Toast at High Tea every day!

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